



# Westhaven School

*All policies are developed to be compliant with and supportive of the ethos and values of WWTrust and Westhaven School*

**September 2019**

## **Personal, Social, Health, Education Policy**

### **The importance of PSHE at Westhaven School**

Our personal, social and health education (PSHE) programme promotes pupil's personal, social and economic development, as well as their health and wellbeing. It helps to give children the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens. Our PSHE curriculum is broad and balanced, ensuring that it:

- Promotes the spiritual, moral, cultural, mental and physical development of our pupils and of society;
- Prepares our pupils for the opportunities, responsibilities and experiences they already face and for adult life;
- Provides information about keeping healthy and safe, emotionally and physically;
- Encourages our pupils to understand how all actions have consequences and how they can make informed choices to help themselves, others and the environment.

### **Aims**

The aims of personal, social and health education are to enable the pupils to:

#### **Health & Wellbeing**

- Know and understand what constitutes a healthy lifestyle.
- Know how to maintain physical, mental and emotional health and wellbeing.
- Be aware of safety issues, including how to respond in an emergency.
- Know how to manage change, including puberty, transition and loss.
- Know how to keep themselves safe online

#### **Relationships**

- Develop and maintain a variety of healthy relationships within a range of social and cultural contexts.
- Know how to recognise and manage emotions within a range of relationships.
- Know how to recognise risky or negative relationships, including all forms of bullying and abuse, and ask for help.
- Know how to respect equality and diversity in relationships.

#### **Living in the Wider World**

- Know the importance of responsible behaviours and actions.
- Be responsible and independent members of the school community.
- Be positive and active members of a democratic society.
- Know about the importance of respecting and protecting the environment.
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues.
- Develop good relationships with other members of the school and the wider community.
- Know about where money comes from, keeping it safe and the importance of managing it effectively.
- Have a basic understanding of enterprise.

## **Statutory requirements**

Currently PSHE is a non-statutory subject, however as quoted by the Government 'Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction to the proposed new national curriculum' June 2019.

## **Delivery of PSHE**

We use a range of teaching and learning styles at Westhaven School. We place an emphasis on active learning by including the pupils in discussions, investigations and problem-solving activities. We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly or open evening, or involvement in an activity to help other individuals or groups less fortunate than themselves. We organise classes in such a way that pupils are able to participate in discussion to resolve conflicts or set agreed classroom rules of behaviour. We offer pupils the opportunity to hear visiting speakers, such as health workers, police, and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community. The style of each lesson is very practical and discussion based, with a calm and safe environment provided so that pupils feel supported appropriately when discussing issue that could be considered sensitive.

## **PSHE and citizenship curriculum planning**

We teach PSHE and citizenship in a variety of ways. Every class in the school has one PSHE session a week with a qualified teacher following the Westhaven PSHE scheme of work. Additional PSHE and Citizenship is provided through the "Key Steps" program for KS3 (Middle School) and ASDAN program in KS4 (Upper School) where pupils work towards earning a certification.

Lower School pupils, who are predominantly KS2 and Year 7s have one lesson of PSHE a week with their class teacher, following the Westhaven PSHE scheme of work.

Some of the time we introduce PSHE and citizenship through other subjects, e.g. when teaching about local environmental issues in geography, we offer pupils the opportunity to explore who is responsible for the maintenance and upkeep of local parks and cycle paths. Also, there is a large overlap between the programme of study for religious education and the aims of PSHE and citizenship, we teach a considerable amount of the PSHE and citizenship through our religious education lessons.

We also develop PSHE and citizenship through activities and whole-school events, e.g. the school council representatives from each class meet regularly to discuss school matters, along with many more.

## **Assessment and recording**

Due to the personal nature of PSHE it means that it cannot be assessed in the same way as most other subjects and it would be inappropriate for assessment in PSHE education to imply passing or failing 'as a person'. It is however possible to recognise and evidence progress and attainment in the knowledge, understanding, skills and attributes PSHE strives to develop. The model of assessment we advocate at Westhaven is that for each new topic, module, or series of lessons, an initial activity is carried out that gauges pupils' starting point in terms of their existing knowledge, skills, attitudes and beliefs. This is used to inform the teacher's planning for that module. Then, at the end of the topic, module, or lesson an activity is carried out which allows pupils to demonstrate the progress they've made since doing the baseline activity. In addition to this our Social Emotional and Behaviour (SEB) tracking data can help teacher's recognise any gaps in specific areas and use this to inform their planning if appropriate within a group.

We do not set formal examinations in PSHE and citizenship at KS3. However, at KS3 all pupils are expected to gain certification through “Key steps” and again in KS4 through ASDAN (Bronze Award).

All work carried out is to be evidenced on teachers planning and summarised in pupil preferred format in their personal journals in middle and upper school and through large class floor books in lower school.

**Monitoring arrangements**

The delivery of PSHE is monitored by the schools chosen PSHE subject lead through curriculum reviews, planning scrutinies, observations questionnaires, networking meetings, and reports to Governors.

Pupils’ development in PSHE is monitored by class teachers as part of our internal assessment systems.

This policy will be reviewed by the PSHE subject lead every two years. At every review, the policy will be approved by governing body and the headteacher.

**Monitoring and Review**

<b>Written:</b>	March 2019
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**History of Document**

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