

# Intervention



## What is intervention?

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Intervention at Westhaven School covers a wide spectrum of differing needs. It gives our children extra support where necessary and can be for a wide range of challenges that our children face. Some children need extra help with Maths and English, other children need extra support with anxiety and help with regulation, others may just benefit from being checked on at different points during the day.

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**Every interaction is an intervention.**

**-Dr Karen Treisman**

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## Who gets intervention?

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Teaching teams will request intervention to take place if they can see that a child is suffering in a certain area. Sometimes parents/carers have asked for their children to have extra support or even a child may make a request for help if they feel they would benefit from extra help and guidance.

Any referrals go to the SENCO who will discuss best options and the need with the team before intervention is put in place.



## When does it take place?

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Intervention takes place during term times.

The sessions are mostly between 20 - 30 minutes and will take place on a weekly basis. Some students are seen more if a need has been identified.

Frequently intervention is targeted and each referral has an outcome for the child to achieve during their sessions.

Intervention can last half a term or can last for longer depending on the individual and what support is necessary for them.



## Where does it happen?

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Intervention can happen anywhere in the school but mostly myself and the child will work in the designated Intervention Room, the first green building as you enter the school grounds.

We have a range of resources which can be tailor made in order to help and support the individual student.

## What happens in Intervention?

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It may be as simple as checking in with a child having a catch up or it could be going through work together. It could be playing games together or it could be working on self-esteem or social thinking through worksheets and different activities. The range of work is endless and each piece of work is purposely chosen and developed for the child.

## Who does the intervention?

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My name is Mrs Evans and I have been in education for over twenty years.

I first trained as a primary school teacher at Rolle College in Exmouth 1993 - 1996 obtaining a BA(hons) in Combined Education and then went on to do my PGCE in Drama and English (11-18) at The University of Reading 1996 - 1997.

I have taught and run departments in a variety of mainstream schools across the south of England. I then decided to settle and moved to Uphill with my husband in 2007.

As an adopter I have first hand experience of supporting children who have suffered from trauma and adverse childhood experiences. Over the past eight years I have been on numerous courses and training for attachment difficulties and therapeutic parenting and play.

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